**Description: On Line option for Learning**

**In the UK Grand Master Mark Smith MSASD will continue to run the**

**PRESSURE POINTS CERTIFICATION SCHEME.**

All certificates issued previously are recognised by both UCAA and MSASD.

This course is not one of those where you show up believing you will leave with an instructor’s certificate in PPCS.

Firstly, in order to be eligible to get certified as a Level 1 instructor in Pressure Points-Kyusho-Jitsu you will need to already be a qualified Black Belt Instructor in a Martial Art (or equivalent level in a combative system).  For example, someone should have at least 5 years continuous training and be a certified instructor in an art with at least one year.

teaching/coaching experience.  If you don't meet these criteria’s then you are still welcome to attend the course but you will be aiming to get certified as a Kyu grade as mentioned above.

This course is designed to teach you how to add pressure points into your existing system.  Once you have completed all five modules (four seminars) you need to prove you can do this in the practical exam in order to get certified.  Each module also has an online exam that must be passed before you can apply to sit the final exam.

This might seem like a very intense course, and it's supposed to be as I want the course to be worthwhile.  Over my many years of training I have attended courses where everyone got a certificate at the end regardless of their standard.  By this happening it makes the certificate received on the course worthless.  Every course should have a set standard and if those standards are not met then you need to train harder next time and try again in the future.

This course can also look like it's a grading fast track because someone can go from beginner to 4th Kyu (or Brown Belt if already an instructor) in Pressure Points- Kyusho-Jitsu in just one year and the second cycle of the course can lead to a 1st Dan in Pressure Points-Kyusho-Jitsu.    But the only people that can reach these grades in Kyusho-Jitsu are people that have that equivalent rank or higher in a martial arts system already (your rank needs to be from a legitimate organisation, not one

you made up yourself.  Proof of rank will be asked for before you complete the course with the intent to get certified). Without this back up proof I cannot issue a completion Certificate at an instructors level. So that person has already put in the time in their given system.  Remember this programme is teaching you how to integrate pressure point fighting into what you already do.  So, if you don't already train in a martial art, you are still welcome to attend this course but you are not eligible to grade by attending this course alone as mentioned above.

All the above information is to make this course completely transparent. There are no hidden charges and no hidden add ons.

If you have any questions, please let me know!

If you would like to attend this on-line course all you need to do to book your place is pay for the online Material that would be released along with the material that is sent to the People that attended the seminar approximately one week after the set date of the seminar. The on line fee is dearer than it is for the people who attended the course. This is because the people that travel to attend the course also have Time and travelling expenses to consider and pay for and that it why you are encouraged to actually attend the course on a face to face bases. Therefore £150.00 payment is required through the Thinkific Site But fee on site will be shown as dollars so there will be an exchange rate accounted for. This fee is Non-refundable.

[Mark Smith's Academy of Self Defence Training resource Centre (thinkific.com)](https://essexselfdefence-msasd-martialartsno1trainingprovider.thinkific.com/)

We will also be offering the Zoom platform if you wish to join the seminars from distance face to face.

Thank you for taking the time to read this and I look forward to meeting you at a course in the near future.

Kind regards,

Mark Smith

Grandmaster Mark Smith 9th Dan

MSASD Founder and PPCS course tutor in the UK

This course covers Module 1&2 and costs £150.00.  After completing this course, you will also gain access to the online video and the course pdf.

Full details of all costs are in the Q&A's below.

All places must be pre-booked!

This course is taught by Grandmaster Mark Smith 9th Dan

You can pay your deposit here MSASD

How does the Pressure Points Certification Scheme work?

There are 5 Modules in total.

Module 1 focuses on the healing aspect, how to fix the points you hit

Module 2 focuses on the Arm points (modules 1 & 2 are taught on the same course)

Module 3 focuses on the Head and Neck points

Module 4 focuses on the Trunk and Leg points

Module 5 focuses on Tuité Jitsu (Chin Na), Weapon defence and pressure testing.

You don't have to start on Module 1, you can start your training on any module as each module is independent of the others, but in order to be eligible to apply to test for your certification you need to have completed all five modules in a row.  So, you need to be sure you can commit to attending the four PPCS courses in a row in order to be eligible to sit the exam.

The PPCS courses are held on the last (or sometimes second last) Sunday of March, June, September and November each year and the course run from 10.30am - 2.30pm.  The exact date of each course is on this page at least two months before the course date.

When you attend this course you not only learn on the day Via Zoom but you will also then gain access to an online video covering everything that you learned at that seminar. This is to help you remember what you learnt and practised on the course which will better enable you to prepare for your certification. You will also have access to a pdf of what was taught as well.

This course is aimed at people who are already training in a martial arts system.  If you are currently a Black Belt Instructor in, for example, Karate or Tae Kwon Do, once you complete all five modules you will have the opportunity to qualify as a Level 1 Instructor in Kyusho-Jitsu (equivalent to brown belt level).   After qualifying as a level 1 instructor, if you complete a second cycle where you will learn the syllabus at a deeper level, you will then have the chance to apply to test for your 1st Dan in Kyusho-Jitsu.

If you train in a martial art but are not currently a black belt, after completing the 5 modules you can grade for your 4th Kyu Purple Belt as long as you are 4th Kyu or higher in your current martial arts system.  If you are currently below 4th Kyu then the highest you can grade to in Kyusho-Jitsu is your current martial arts grade.

If you don't currently train in a martial art, you are still welcome to attend the course but you will not be eligible to grade by attending these courses alone.  You would need to attend additional combative seminars run by the MSASD or start training in a martial art. If you are not eligible to grade or you are not interested in grading you can attend the course as a seminar which costs £50.00 but you do not receive the accompanying instructional online video or pdf booklet.

How much will it cost for me to get certified?

There are 4 seminars (modules 1 & 2 are taught on the same seminar) in total.  Each seminar costs £150.00.  This cost includes the seminar and access to the online tutorials and the online exam. After completing the 5 modules there is a £20.00 Charge for the Written on line Exam & a £50.00 charge for the practical exam.

You must either attend this seminar to grade in Basildon or Pay for my additional expenses to grade you at your premises. This fee will be determined on an individual bases based on where I will be travelling too. So, in total it would cost someone only **£670.00** to get certified as a Level 1 Pressure Points Instructor in Kyusho Jitsu. (Not including any additional expenses)

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**Q&A:**

The following are a few common questions and myths regarding Kyusho

Is Kyusho dangerous?

Yes, it can be as it was originally intended to be used to kill an attacker,

however, it can also be used to fit the needs of today's legal parameters.

Kyusho should only be studied under a qualified instructor.

Will pressure points work in a real fight as they are so small?

Yes, Kyusho will work as an effective self-defence.  Acupuncture points are

very small but we use what is called the area of activation.  Each points have an area of activation of about the size of a one-pound coin.   What you need to know is where the points are located and at what angle and direction to manipulate them.

If I have so many pressure points, why do I not hit them every time I

bump into something?

This is where the angle, direction and whether it is a rub, push or hit point

comes into play.  Your body is designed to prevent you from hitting your

pressure points accidentally.  Think of it like this - when you hit the funny bone on your elbow by accident it is extremely painful.  Now try to hit it on purpose.  It is very hard to do as your body does not want it to happen.   This is why traditional Karate Kata have so many peculiar and impractical looking

movements.  It is these movements that are mapping out the correct angle and direction for the points to be hit.  The sad thing is very few martial artists understand the true meaning of their Katas.

I have seen knock-outs on DVDs and on clips on the web. Are they

genuine?

I can't speak for all the clips but any done by a DKI instructor are genuine.

Striking the correct points - in the correct order, angle, and direction can cause a person to become unconscious.   That is what makes Kyusho so good for self-defence.  You are able to disorientate, disable or put unconscious your attacker without causing any permanent damage and in this litigious society this can be very important.

I have tried hitting the points I saw on the DVDs/web clips and nothing

happened.

Firstly, you shouldn't try hitting points without a qualified Kyusho instructor.  If you do happen to get it right and it does work, and the person goes

unconscious or stops breathing what will you do then!?!

Just because it looks easy does not mean it is.  People forget that the person

demonstrating those techniques have been doing them for many years.  Do

you really expect to be able to do the techniques after watching a DVD?  The

DVDs out there for sale are study aids.  They will help increase your knowledge but nothing beats good old-fashioned hard training under a qualified instructor.